

Metaphysics



Deepening the connection between self and spirit!

Metaphysics literally means 'beyond the physical', and its study can lead to profound physical, mental, emotional and spiritual changes.

In this one-year certificate course, you'll develop a deeper understanding of who you truly are, and a stronger awareness and acceptance of yourself as a spiritual being. This practical, experiential course uses deep meditation and close communication with your spirit guides, to reveal your holistic nature and empower you to grow and develop into the person you were always destined to be.

Pre-requisite: None.

Format: Twelve modules - half the course is run across one evening per week (within the school terms) and the other half of the course is conducted as intensive day workshops, including the two-day residential retreat. (See module descriptions on back)

Cost: Pay as you go \$245 per module (includes GST) or save money by paying in advance! Total cost \$2940 or save \$267 by paying the \$2673 early-bird rate prior to course commencement. Retreat accommodation and meals will be an additional \$390 for Friday evening through to late Sunday afternoon. *Direct debit option available.*

Further Study: This Certificate is a pre-requisite for the Certificate In Advanced Metaphysics and is also a component of the Diploma In Energetic Healing Course.

Class numbers are limited so book early to secure your place.

Dates: Please refer to the course timetable for the next available class. Classes generally run over one year (4 School Terms) and break for the School Holidays. Workshops held in Leichhardt. Residential Retreat held externally.

**Enrol by phoning (02) 9572 8885 or
Fax your Enrolment Form to (02) 9572 8886**

Course Outline:

Module 1 - Awakening: Opening Up To Universal Energy

Your journey begins by exploring the nature of metaphysics, developing an understanding of the chakras and aura, and connecting with your spirit guides. By opening to your spiritual potential in this way, you're taking the first steps on a voyage of profound personal transformation.

Module 2 - Base Chakra: Releasing The Past

Focussing on the base chakra, you'll look at the patterns at play in your life, and the influence of karma, past lives and re-incarnation on your current behaviours and beliefs. Recognising and releasing these restrictive patterns breathes new life into your personal, professional and spiritual relationships.

Module 3 – Sacral Chakra: Stepping Into The Present

Building on the breakthroughs of the previous modules, you'll experience the empowerment and freedom that comes from releasing the past and stepping into the present. It's time to take responsibility for being the creator of your own life.

Module 4 – Sacral Chakra: Transforming Your Relationships

Working deeply with the sacral chakra, you'll learn to decipher symbols, dreams and archetypes, which are the language your subconscious uses to communicate with your conscious mind. With these tools, you'll realise that you have the power to transform your life by responding to issues from a soul perspective rather than reacting from ego.

Module 5 – Solar Plexus Chakra: Creating New Patterns

With the baggage out of the way, you'll now delve into the solar plexus chakra to form new ways of being and relating that are both conscious and constructive. What positive new patterns do you choose to create in your life? Working with the archetype of the inner child ensures that these transformations will be welcomed and allowed at all levels of your being. Like a butterfly emerging from a cocoon, you can now joyfully radiate the soul essence you truly are.

Module 6 – Heart Chakra: Accepting Unconditional Love

The journey to unconditional love starts with the acknowledgement and acceptance of the light and shade within you. In this module you'll work with the heart chakra to explore and balance your masculine and feminine aspects, and in doing so will unite the energies between the physical and spiritual worlds. Achieving balance between these polarities opens the door to giving and receiving unconditional love.

Residential Retreat: Module 7 & 8 - Integrating Your Transformation

Join your fellow light workers to celebrate and anchor your new spiritual insights and activate the next stages of your transition into the higher realms of consciousness. The IC-OHM residential retreat is the highlight of our year, bringing together like-minded souls for a fun weekend full of love, light, learning and laughter.

Module 9 – Throat Chakra: Owning Your Truth

As you start to access the higher realms of awareness and spiritual truth, you'll work with the throat chakra to resonate with your personal truth and embody your most authentic self. Based on ancient metaphysical teachings, you'll explore the concept of death as a symbol for purification and transformation, and emerge from the process free of judgement and more trusting of your own discernment.

Module 10 – Third Eye Chakra: Perceiving The Divine

Opening and expanding the third eye enables you to reclaim the psychic senses that are your birthright. As you become more aligned with your Higher Self the masks you've been wearing start to fall away, reawakening your connection with the many different energy vibrations of the universe. Your renewed senses of perception and intuition enhance your appreciation of both the physical and spiritual realms and also provide invaluable tools to help you navigate life's challenges.

Module 11 – Crown Chakra: Entering Divine Consciousness

The crown chakra is the doorway to divine consciousness. Accessing and working with your Higher Self energy, you'll integrate your physical and spiritual worlds and recognise yourself as an infinite being of light. Accessing the creative nature of the universe will allow divine inspiration to become a natural guiding force in your life.

Module 12 – Integration

Spiritual development is at its most powerful and meaningful when your Higher Self awareness is fully incorporated into your daily life. In this final module, you'll integrate your newfound knowledge into all levels of your body, mind and soul to bring you to an understanding of your life purpose. You'll then make a commitment to working with spirit to fulfil the destiny that's yours and yours alone – making a unique difference in your own world and the world around you.