

# Certificate In Meditation Facilitation



## *Becoming An Agent Of Change!*

A regular, inspired meditation practice has the power to transform lives. This course gives you the tools you need to share your own love of meditation with others.

In addition to learning the theory and practice of a wide range of meditation techniques and skills, you'll gain practical experience in the arts of creating a meditative space, setting an intention for your group, and reading and holding the energy of a group. You'll also learn how to work with energy and spirit to raise the collective vibration and enhance communication and intuition.

**Pre-requisite/Co-requisite:** Language of the Soul.

Some students elect to complete Language of the Soul before completing the Certificate In Meditation Facilitation, while others complete both streams simultaneously to receive their Certificate in Meditation Facilitation in six months.

**Format:** Four modules, each comprising 4 x 2-hour classes. Plus additional practical component of 12 hours- free as part of the Certificate.

- Module 1: Creative Visualisation
- Module 2: Creating & Holding Space
- Module 3: Passive Meditation
- Module 4: Symbols & Signs  
Practical Component

**Cost:** Pay as you go: \$220 per module (includes GST) or save money by paying in advance! Pay for all four modules before the course commences and save \$80. Early bird payment... \$800 (includes GST).

*Class numbers are limited so book early to secure your place.*

***Dates:*** Please refer to the course timetable for the next available class.  
***Classes generally run over a six month period (2 School Terms) and break for the School Holidays. Workshops held in Leichhardt.***

**Enrol by phoning (02) 9572 8885 or  
Fax your Enrolment Form to (02) 9572 8886**